

National Public Social Partnership

Shine

Women's Mentoring Service

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Work with women in the CJS

- * 1980's- few women on statutory orders
- * 1990's – increasing numbers
- * 1998 – “A Safer Way” report
- * 2012 – 6-8 fold increase in the number of women

Approach with Women

- * Slotting women into programmes designed for men
- * Gender specific groups – e.g. unpaid work
- * Programmes-more bespoke taking account of the needs and profile of women
- * Recommendations from the Commission on Women Offenders

Profile of Women in the CJS

- * Mental Health
- * Trauma
- * Substance Misuse
- * Relationship Issues
- * Domestic abuse
- * Sexual Abuse
- * Parenting Issues

So what really works with women?

- * Trust
- * Respect
- * Build a working relationship
- * Non-judgemental
- * Understand that relapse and disengagement is part of the road to recovery and rehabilitation

PSP: SHINE

- * 2013 – RRCF Application – successful!
- * Opportunity to do things differently
- * Design of consistent mentoring services for women across the country
- * Removal of post-code lottery of services

The partnership



In Partnership with



Shine: Criteria

- * Women on Remand
- * Women serving short term prison sentences
- * Women subject to CPO and at a risk of breach

What is Mentoring

- * Definition: “The Mentor uses the strengths of the one to one caring relationship to facilitate, encourage, support and empower an individual to take charge of their life and make decisions that are in their best interest”.
- * Duration: 6 months

Opportunities and Challenges

- * To do things differently with women
- * To provide consistent services across Scotland
- * To improve life, health and well-being of women in the CJS
- * Address capacity issues – avoid waiting lists!
- * Co-production and collaboration with 32 local authorities and 4 prisons

Some Statistics

- * Target 720 women per year
- * 24 FTE Mentors
- * Worked with over 1,000 women to date
- * Outcomes look promising! Waiting for the evaluation

What are women saying about Shine

- * “I was overwhelmed when I left prison.....wouldn’t have known where to start.....”
- * Thank-you for everything. I am a changed girl...”
- * “I would be lost without you....”
- * “I don’t know how to repay you. You are simply the best....”